



A reflex arc is a neural pathway that controls a reflex. In vertebrates, most sensory neurons do not pass directly into the brain, but synapse in the spinal cord. This allows for faster reflex actions to occur by activating spinal motor neurons without the delay of routing signals through the brain. However, the brain will receive the sensory input while the reflex is being carried out and the analysis of the signal takes place after the reflex action.

There are two types: autonomic reflex arc (affecting inner organs) and somatic reflex arc (affecting muscles). However, autonomic reflexes sometimes involve the spinal cord and some somatic reflexes are mediated more by the brain than the spinal cord.



As has been pointed out here, a reflex doesn't involve the brain. Stimulus sends a signal to the spinal cord which sends back a signal for the proper response. No thinking needed, it is very fast. In order for a boxer to dodge a punch, he has to know the punch is coming. That information comes from the eyes and must be processed by the brain.

There is something else that looks and feels a lot like reflex that can be developed through repetition, practice, training, etc. People here are calling it muscle memory, but that's a misleading term as it implies the memory resides in the muscles. It happens when a response or activity becomes so familiar that it is stored in a part of the unconscious brain. Many of the daily tasks we do are executed in this way: tying your shoes, driving home from work, typing on your keyboard. You're barely aware of doing them and you would be hard pressed to explain exactly how you do them.

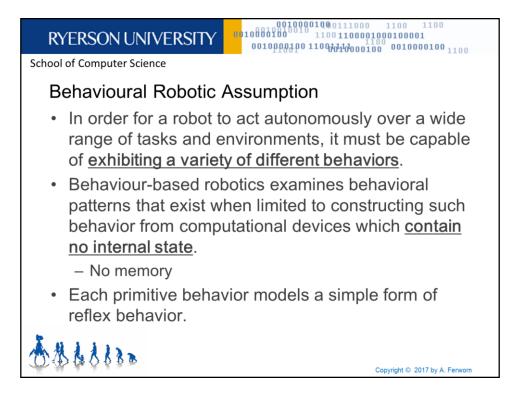
It would be impossible to hit a fastball if you had to think about it; it would be in the catcher's mitt before you formulated any thought or initiated any action. But practice trying to hit a ball 1000 times, or 10,000 times, and then you're ready to bypass, not the brain, but the

conscious thought process. And, if you're good, you will be able to hit that fastball one time out of every three or four. But it's not a reflex, the information needed to do it is still in your brain, but in a part of your brain that works much faster that conscious thought.

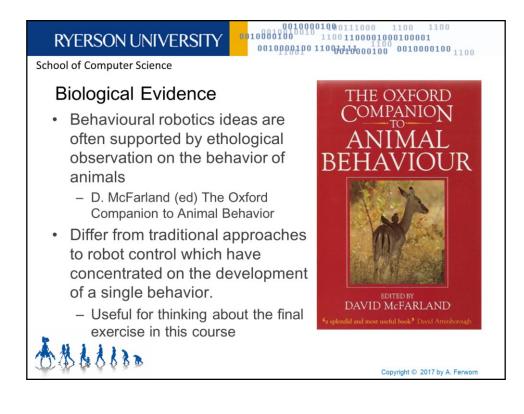
Sources: Thinking, Fast and Slow: Daniel Kahneman, The Stuff of Thought: Language As a Window Into Human Nature: Steven Pinker.

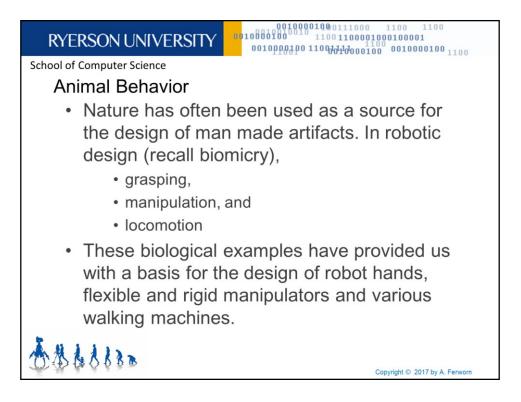


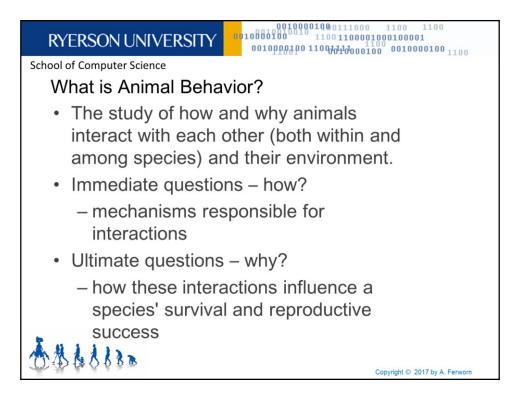
Researchers from MIT's Department of Mechanical Engineering have designed an interface that takes advantage of a human's split-second reflexes allowing a humanoid to maintain its balance and complete tasks.



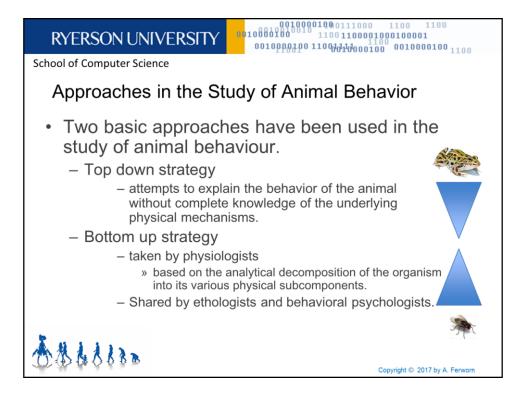
From: Anderson, T. L., & Donath, M. (1990, July). Autonomous robots and emergent behavior: A set of primitive behaviors for mobile robot control. In Intelligent Robots and Systems' 90.'Towards a New Frontier of Applications', Proceedings. IROS'90. IEEE International Workshop on (pp. 723-730). IEEE.

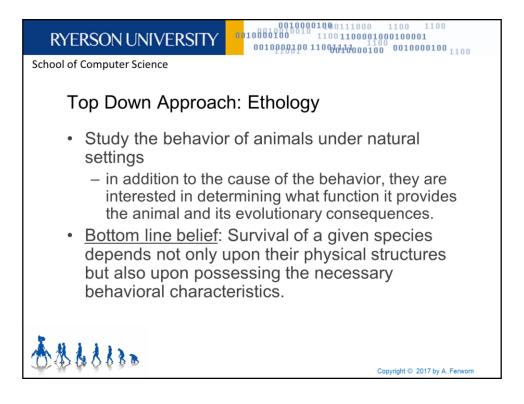






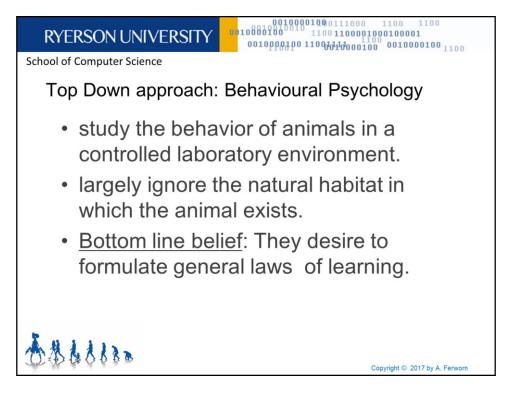






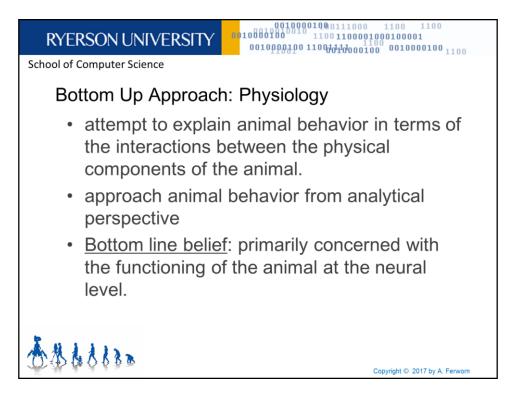
belief that behavior is largely a result of the animal's innate response to certain environmental stimuli.

It is their belief that types of behavior are specific to certain species. Related species will exhibit similar behaviors while unrelated species will exhibit dissimilar behaviors.

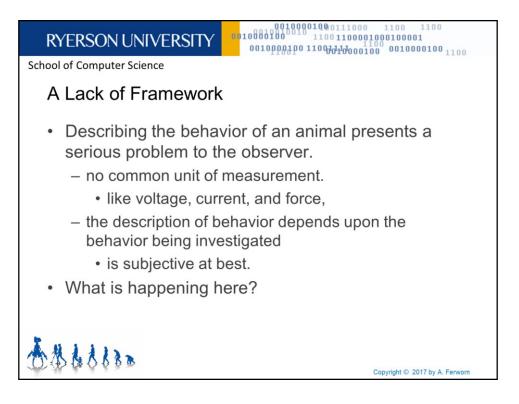


They believe that the response exhibited by an animal to certain stimuli is not an innate response but instead is primarily a learned response.

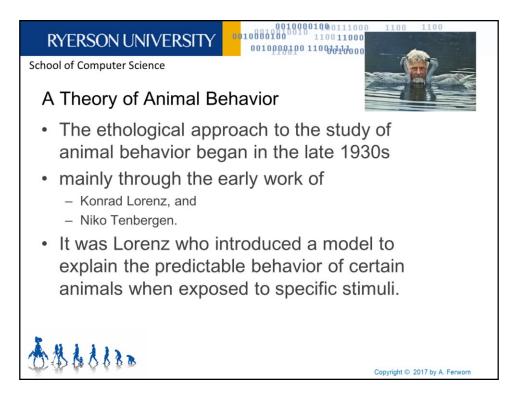
Their aim is to uncover general principles which describe the behavior of an animal in terms of its ability to learn to respond to certain stimuli.

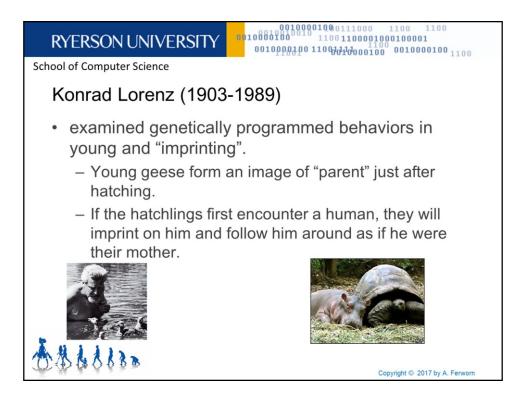


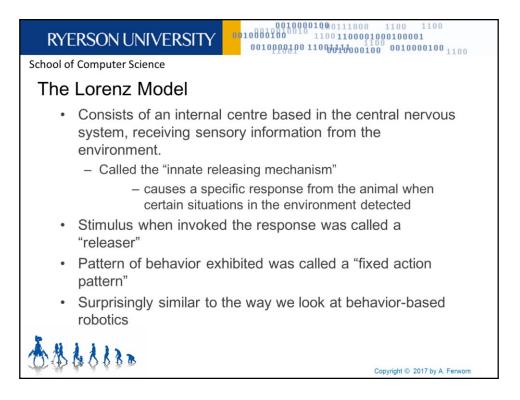
decomposing the animal into physiological subcomponents, and then focus upon understanding the underlying mechanisms of each the subcomponents.

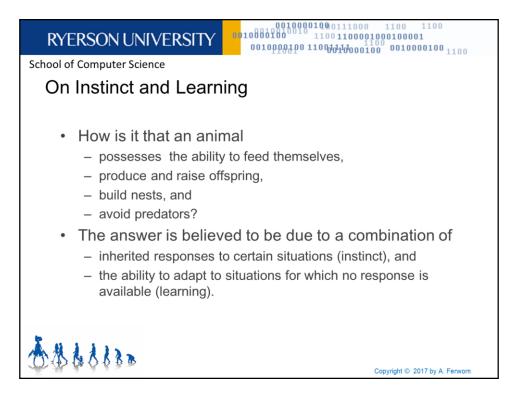




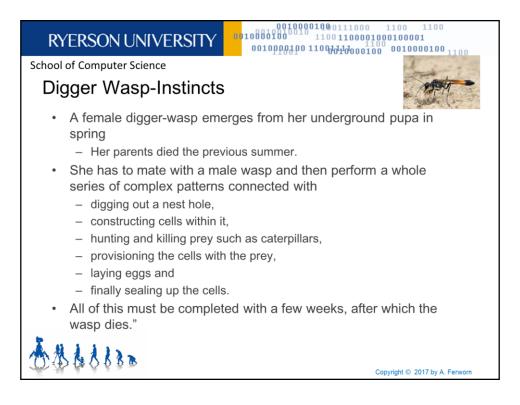












A. Manning, An Introduction to Animal Behavior, 3rd ed., 1979, pg 22

